

Mental Health and Addictions Clinician – Ref. No.19006

Family Health Centre

Permanent Full-Time

The Alex: Changing Health. Changing Lives. The Alex Community Health Centre is a not-for-profit organization that is changing how we look at health care in Calgary. Our health, housing and food programs support our most vulnerable neighbours, tackling tough health and social issues head-on. Using a multi-disciplinary team approach, we focus care on assessment, intervention and promotion of all aspects of health. We embrace a model of health care that is accessible, responsive and participatory. In addition to the Family Health Centre, we run a Seniors Health Centre, a Youth Centre, two Mobile Community Health Buses, one Dental Health Bus, four Housing First Programs, a Community Food Centre and Youth Law.

What we do and why we do it:

The Family Health Centre improves quality of life in our communities through a comprehensive model of healthcare. Our focus is on prevention, and our team of professionals work hard to step in before long-term interventions are needed, giving preventative care in a welcoming, easy to access environment.

We are currently seeking a full-time Mental Health and Addictions Clinician for our Family Health Centre- working with clients with complex mental, physical, social health needs and addictions. Reporting to the Team Lead and working collaboratively within our Primary Healthcare Team. This position may encompass working extended hours with potential shifts on evenings and weekends.

What you will do:

- Provide a range of therapeutic supports and community rehabilitation services to clients in the community
- Conduct client assessments and create treatment plans/goals with the client
- Working within the context of client-centered care and multidisciplinary service delivery, provide individual and group therapy to clients
- Develop a program for clients using principles of CBT, DBT, group, and individual programming
- Assist individuals and the community to adopt healthy behaviors
- Connect clients to appropriate services in the community
- Coach individuals towards meeting goals
- Complete needs and risk assessments
- Respond to crisis and emergency situations
- Work in a multi-disciplinary team of professionals as a vital member of the Family Health Centre
- Be a creative problem solver and have the ability to think outside the box in order to help clients achieve success where they formerly have not

What you will bring:

- Master's Degree in Clinical Social Work required
- Minimum two years of experience as a Mental Health/Addictions Clinician
- Eligible for registration with their professional discipline in Alberta
- Must be authorized to perform psychosocial interventions
- Knowledge of mental health/psychiatric conditions, substance use, individual and family development stages, and Mental Health Act
- Previous experience working with clients living in at-risk environments including homelessness
- Strong counselling skills in evidence based modalities
- Comfort with working with clients on opioid replacement therapy
- Demonstrated effective communication, organization, advocacy, teaching, and rapport-building skills
- Ability to multi-task in fast-paced environment.
- Strong written and oral communication skills
- Confidence in dealing with conflict and at risk situations
- Comfortable working independently
- Must be comfortable working using harm reduction, strength based, and trauma informed care approaches
- Firm boundaries yet able to effectively build relationships with hard to engage patients
- First Aid and CPR required
- Non-violent crisis intervention preferred

How to apply:

If you are as passionate as we are about making a difference in people's lives, please submit your resume to jobs@thealex.ca and be sure to include the job title and reference number in the subject line.

We thank all applicants for their interest, however, only those selected for an interview will be contacted.

For further information about The Alex and its programs, we encourage you to visit our website at www.thealex.ca